# Broward Regional Health Planning Council Chapter V Benchmarks Broward County Health Plan

2024

Presented By: Max Loyello - BRHPC

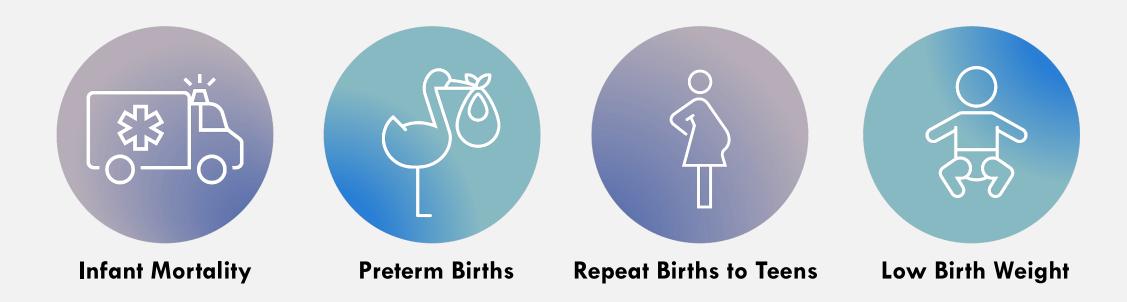
### Indicator Focus Categories

- Maternal and Child Health
- Communicable Diseases
- Chronic Diseases
- Injury and Violence
- Social and Mental Health

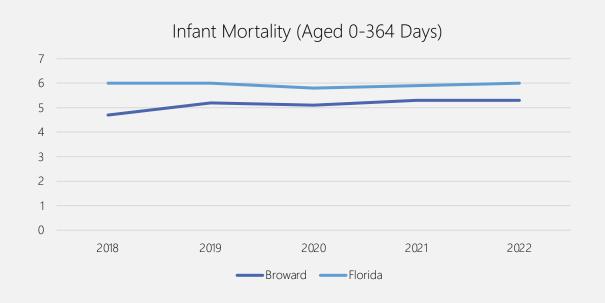
## Broward County Indicator Trends

| Improving (>0.9)  | Minimal Change  | Regressing (<-0.9)  |
|---|---|---|
| <ul> <li>Death From All Causes (-53.0)</li> <li>Death From Unintentional Poisoning (-3.5)</li> <li>High Schoolers Not Active 60 Minutes (-2.2)</li> <li>High Schoolers Who Are Cigarette Smokers (-1.9)</li> <li>High Schoolers Who Have Ever Used Marijuana or Hashish (-10.1%)</li> </ul> | <ul> <li>Infant Mortality (+- 0.0)</li> <li>Preterm Birth (-0.3)</li> <li>Low Birth Rate (2%)</li> <li>HIV (+0.9)</li> <li>Hepatitis A (+.1)</li> <li>Hepatitis B (+.8)</li> <li>Death from CLRD (+.9)</li> <li>Adults Who are Sedentary (+.2)</li> <li>High Schoolers Who Have Ever Used Cocaine (-0.8)</li> </ul> | <ul> <li>Repeat Births to Teens (+2.0)</li> <li>Immunization Levels in Kindergarten(-1.9%)</li> <li>Tuberculosis (+1.3)</li> <li>Gonorrhea (+8.3)</li> <li>Syphilis (+2.7)</li> <li>Chlamydia (+63.3)</li> <li>Salmonellosis (+7.4)</li> <li>Shigellosis (+2.2)</li> <li>Deaths From Cancer (+7.3)</li> <li>Death From Stroke (+5.5)</li> <li>Death From Alzheimer's Disease (+1.6)</li> <li>Deaths From Unintentional Falls (+4.2)</li> <li>Obese Adults (+2.0)</li> <li>Adults Who Are Current Smokers (+1.1)</li> <li>High School Students Overweight (+1.8%)</li> <li>High Schoolers Who Are Obese (+6.3%)</li> <li>Children Fully Immunized (-5.1%)</li> </ul> |

#### Maternal & Child Health Indicators



# Maternal and Child Health: Infant Mortality

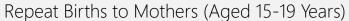


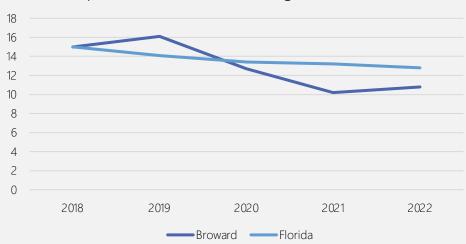
The infant mortality rate, considered to be a leading indicator of community health, is defined as deaths during the first year of life. It is a reflection of the mother's health, maternal care system effectiveness, newborn health, care and follow-ups with well child services during the first year of life. Secondary indicators that contribute to infant mortality are repeat births to teens, prenatal and infant screenings, and low birth weight.

|                  | 2018 | 2019 | 2020 | 2021 | 2022 |
|------------------|------|------|------|------|------|
| Broward Black    | 8.1  | 9.1  | 8.0  | 8.9  | 8.5  |
| Broward Hispanic | 3.5  | 2.8  | 4.1  | 3.1  | 4.2  |
| Broward White    | 2.2  | 2.4  | 3.0  | 2.9  | 3.0  |

HP 2030 Goal **5.0** 

# Maternal and Child Health: Repeat Births To Teens



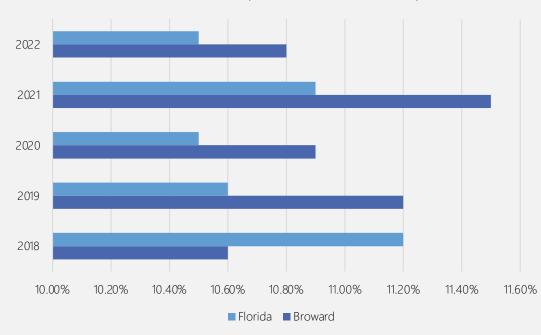


From 2021 to 2022 the rate of repeat births to teen mothers in Broward County has increased by 0.6.

|                  | 2018 | 2019 | 2020 | 2021 | 2022 |
|------------------|------|------|------|------|------|
| Broward Black    | 16.3 | 15.2 | 12.2 | 10.7 | 10.1 |
| Broward Hispanic | 14.3 | 16.1 | 15.0 | 10.0 | 12.8 |
| Broward White    | 14.0 | 15.7 | 13.8 | 96   | 11.6 |

## Maternal and Child Health: Preterm Births





After Broward County's preterm birth rate reached a five year high in 2021, 2022's data represents the lowest rate in the

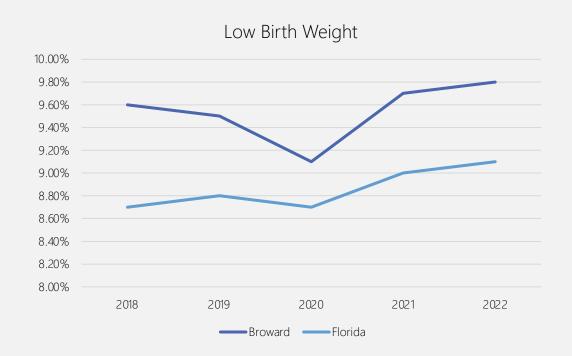
county since 2018.

|                  | 2018 | 2019 | 2020 | 2021 | 2022 |
|------------------|------|------|------|------|------|
| Broward Black    | 13.9 | 14.4 | 14.4 | 15.0 | 14.7 |
| Broward Hispanic | 9.1  | 10.5 | 9.0  | 9.7  | 9.0  |
| Broward White    | 8.7  | 9.1  | 8.7  | 9.2  | 8.3  |

HP 2030 Goal

9.4%

### Maternal and Child Health: Low Birth Weight



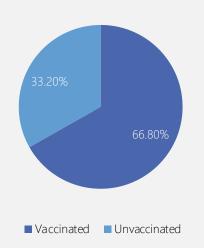
Broward County's Low Birth Weight (LBW) rate reached a fiveyear high after seeing a third consecutive year of increase. Black Broward County residents have been seen to be almost twice as likely to experience LBW when compared to White and Hispanic residents.

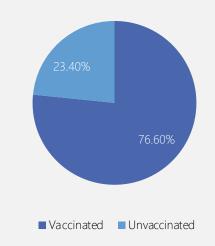
|                  | 2018 | 2019 | 2020 | 2021 | 2022 |
|------------------|------|------|------|------|------|
| Broward Black    | 13.7 | 13.7 | 13.2 | 13.8 | 14.4 |
| Broward Hispanic | 7.6  | 7.8  | 6.6  | 7.3  | 7.3  |
| Broward White    | 7.0  | 6.8  | 6.4  | 6.9  | 6.7  |

### Maternal and Child Health: Immunizations

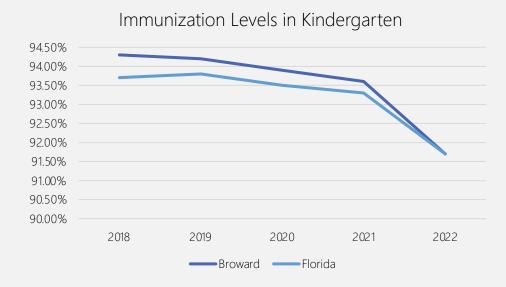
#### **Broward County:**

Children fully Immunized: Basic Immunization Series (Aged 2 Years) State of Florida: Children fully Immunized: Basic Immunization Series (Aged 2 Years)





Broward County has seen a 17% decrease in fully immunized children since 2020.



Since 2018, Broward County's kindergarten immunization rate has decreased annually, falling 1.9% over the past year.

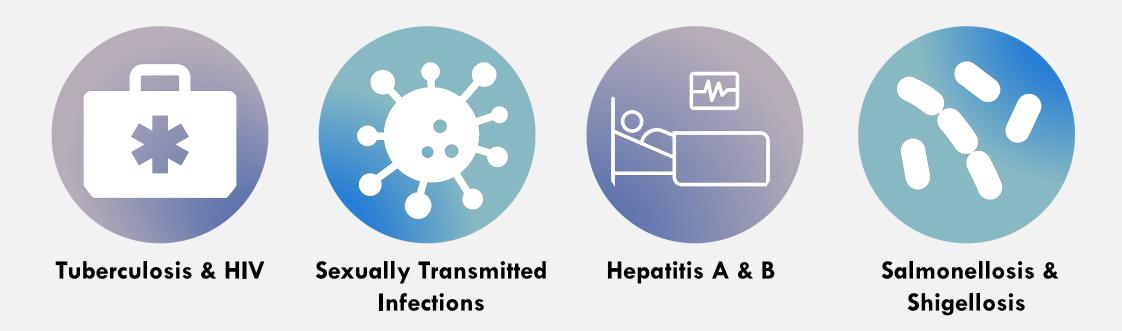
Source: FL Health Charts

HP 2030 Goal

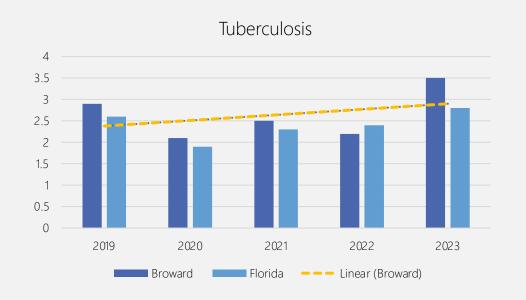


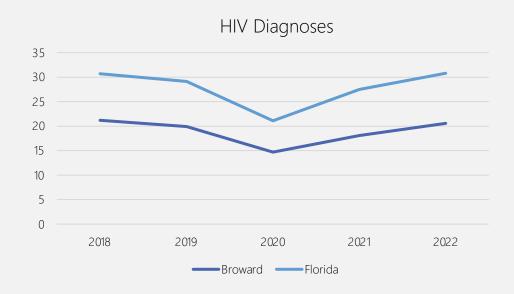
95%

### Communicable Disease Indicators



## Communicable Diseases: Tuberculosis & HIV





From 2022 to 2023 the Tuberculosis case rate rose from 2.2 to 3.5 per 100,000.

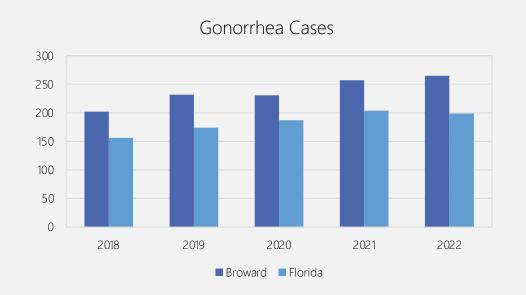
2022's HIV diagnoses data shows an increase in Broward's rate, and continues a mirrored trend between Broward County and the state of Florida.

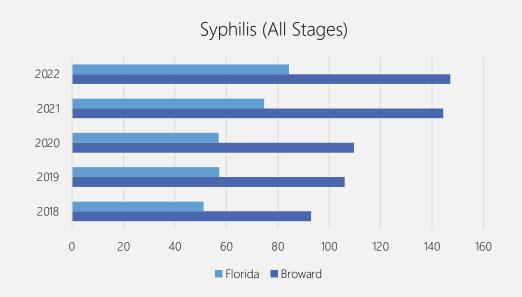
Source: FL Health Charts

HP 2030 Goal

1.4

### Communicable Diseases: Sexually Transmitted Infections

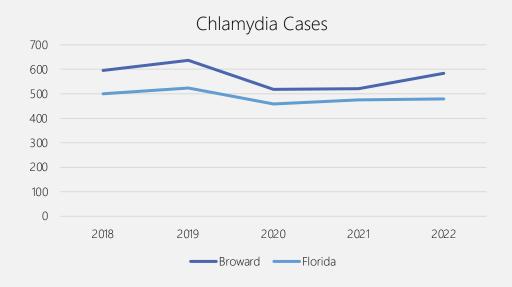




In 2022, Florida saw a slight decrease in Gonorrhea cases while Broward County's rate reached a new peak after increasing for a third straight year.

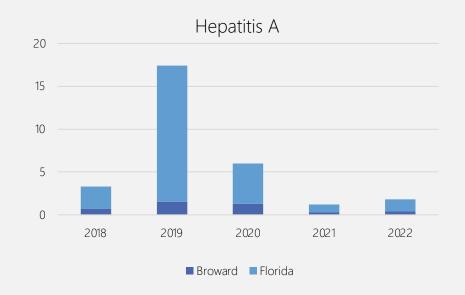
Syphilis case rates continued to rise in 2022, reaching a new five-year high of 147.1 cases per 100,000.

### Communicable Diseases: Sexually Transmitted Infections

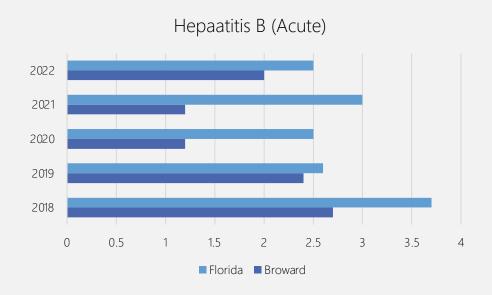


After Florida and Broward County mirrored each other's Chlamydia case rates for four years, 2022 marked a period where Broward's rate saw an increase while Florida's rate showed negligible change.

## Communicable Diseases: Hepatitis A & B



2022 shows a slight increase in Hepatitis A cases but continues an overall downtrend of case rates in the past 4 years. It is of note that 2019's outlier data cannot be confirmed.

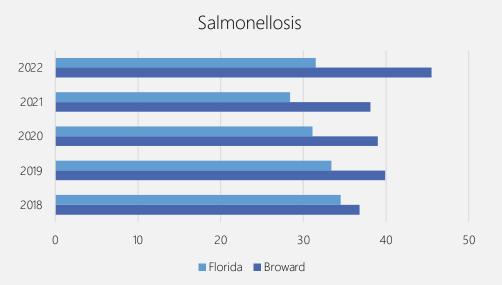


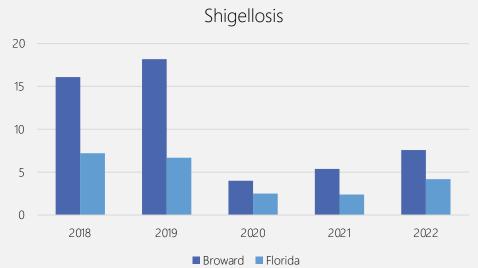
Broward County remains at a lower Hepatitis B rate than Florida even with an uptick of cases in 2022

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### Communicable Diseases: Salmonellosis & Shigellosis





With a rate of 45.5 cases per 100,000, 2022 marked a five-year high in Broward County Salmonellosis infections, with its rate rising 7.4 from the prior year.

After a sharp decline in 2020, Broward's Shigellosis case rates have trended upward for the past two years. Broward County's rate still sits far below 2019's peak of 18.2 cases per 100,000.

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### Chronic Disease Indicators



Death From All External Causes



Cancer and Stroke
Deaths

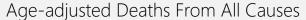


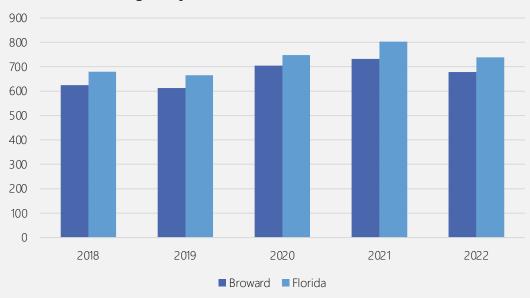
Respiratory and Heart Disease Deaths



Alzheimer's Disease Deaths

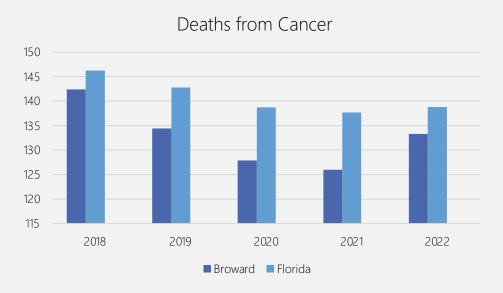
## Chronic Disease: Death From All External Causes

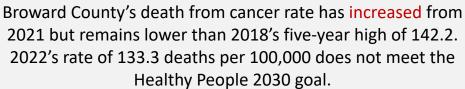


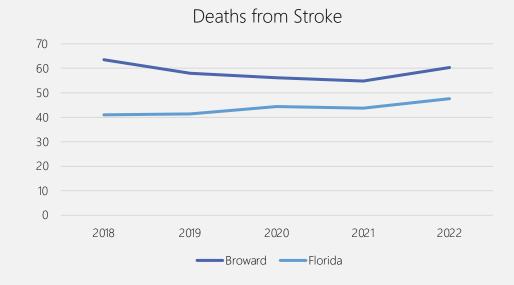


In 2022 Broward county saw the first decrease in death from all external causes since 2019, decreasing by a rate of 64.8 from 2021 to 2022.

## Chronic Diseases: Deaths from Cancer & Stroke







In 2022, Broward County's stroke rate rose by 5.5 and continues to sit higher than Florida's rate by a significant amount.

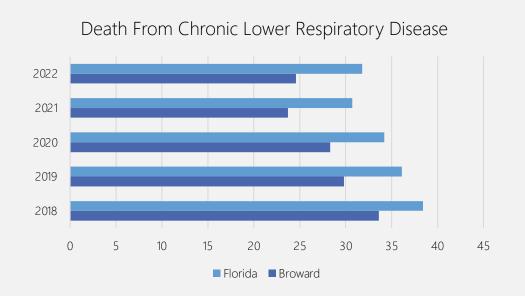
HP 2030 Goal

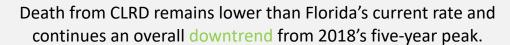
Source: FL Health Charts

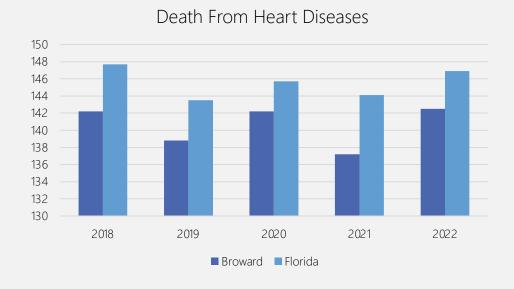
33.4

HP 2030 Goal

# Chronic Diseases: Respiratory and Heart Disease Deaths



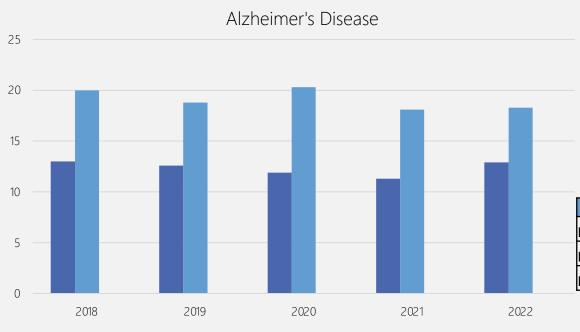




Death from Heart Diseases has increased over the past year, reaching a new five-year peak of 142.5 deaths per 100,000.

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## Chronic Diseases: Death From Alzheimer's Disease



■ Broward ■ Florida

Broward County has a lower death rate from Alzheimer's
Disease than the state of Florida as a whole, but experienced a
slight rise in deaths over the past year.

|                  | 2018 | 2019 | 2020 | 2021 | 2022 |
|------------------|------|------|------|------|------|
| Broward Black    | 10.8 | 11.8 | 11.8 | 9.6  | 11.8 |
| Broward Hispanic | 20.1 | 19.3 | 15.0 | 16.0 | 19.6 |
| Broward White    | 13.4 | 12.9 | 11.8 | 11.6 | 13.3 |

### Injury and Violence Indicators



Rate (Total)





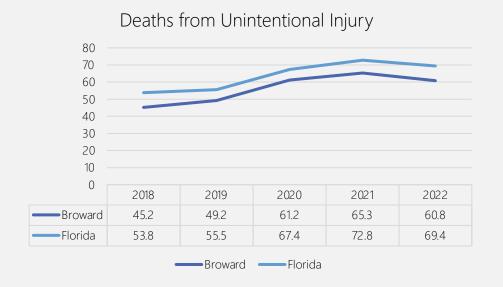




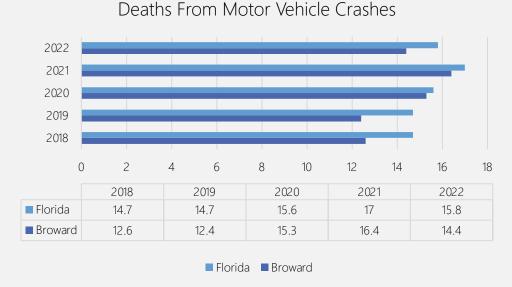
Death From Unintentional Falls

### Injury and Violence:

## Unintentional Injury & Motor Vehicle Deaths



Death from unintentional injuries in Broward County have decreased after peaking in 2022. The overall county rate remains inflated when compared to 2018's five-year low of 45.2 deaths per 100,000.



Deaths from motor vehicle crashes remain relatively consistent from prior county data, returning to 15.8 deaths per 100,000 from a high of 17.0 in 2021.

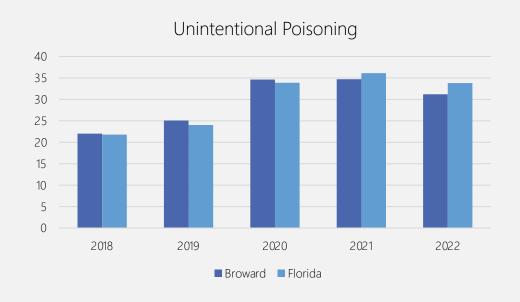
HP 2030 Goal

Source: FL Health Charts

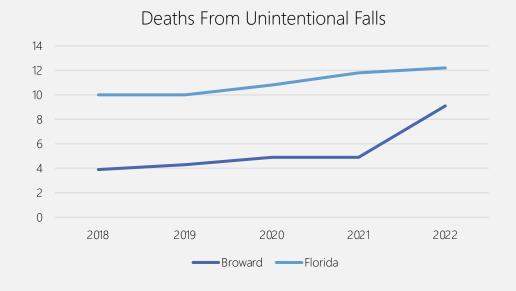
43.2

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## Injury and Violence: Unintentional Poisoning & Falls



The rate of unintentional poisonings in Broward County has decreased by 3.5 from 2021 to 2022.



Deaths from unintentional falls in Broward County continues to rise, reaching a new peak rate of 9.1 in 2022.

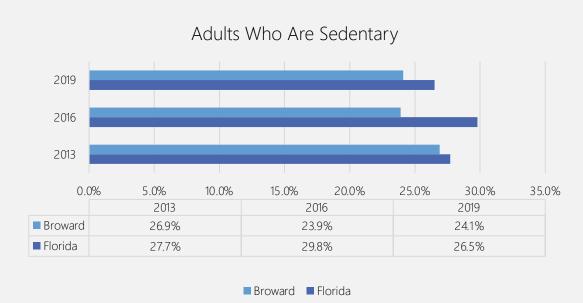
Source: FL Health Charts

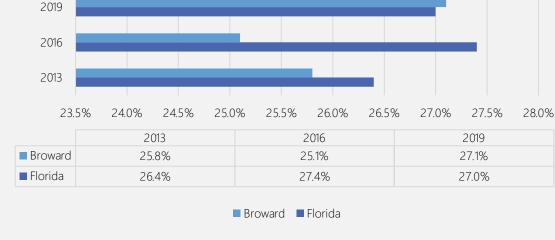
HP 2030 Goal



## Social and Mental Health Survey Data

# Social & Mental Health: Behavioral Risk Factor Surveillance Survey





Adults Who Are Obese

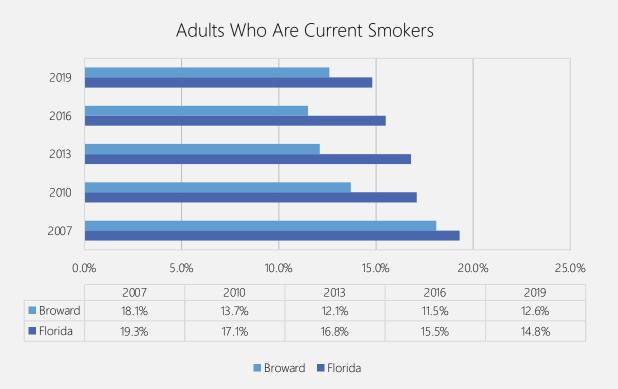
The percentage of sedentary adults in Broward County has remained relatively stable over the past three years, increasing just .2% over that period.

The number of obese adults in Broward County has increased 2.0% from 2016 to 2019.

HP 2030 Goal

Source: BRFS Survey

# Social & Mental Health: Behavioral Risk Factor Surveillance Survey



The total number of adult smokers has increased 1.1% from 2016-2019. Since 2007, the percentage of 18-44 year olds who are current smokers has declined 7.1%.

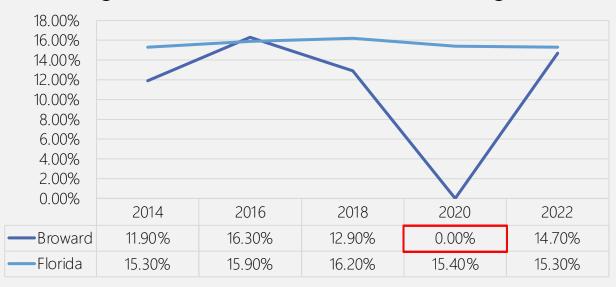
|                    | 2007  | 2010  | 2013  | 2016  | 2019  |
|--------------------|-------|-------|-------|-------|-------|
| Broward Ages 18-44 | 22.1% | 13.8% | 19.2% | 17.0% | 15.0% |
| Broward Ages 45-64 | 22.0% | 13.7% | 19.8% | 19.0% | 19.6% |
| Broward 64 & Older | 9.7%  | 18.4% | 8.7%  | 8.4%  | 9.3%  |

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6.1%

Source: BRFS Survey

High School Students Who Are Overweight



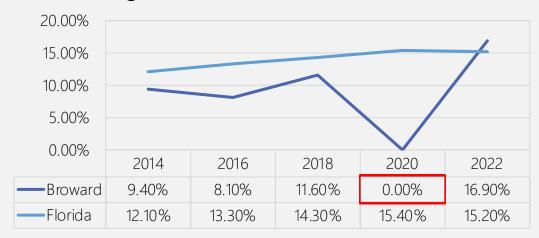
From 2018 to 2022, the percentage of overweight high school students has increased 1.8%. During this time, Black and White students have seen a decline in their percentage of overweight students, while the share of overweight Hispanic students increased.

|                  | 2013 | 2015 | 2017 | 2019 | 2021 |
|------------------|------|------|------|------|------|
| Broward Black    | 14.6 | 14.4 | 20.6 | 16.1 | 14.4 |
| Broward Hispanic | 14.9 | 14.5 | 15.6 | 19.3 | 19.7 |
| Broward White    | 8.8  | 10.8 | 10.5 | 12.4 | 7.6  |

\*2020 Broward Data Unavailable

——Broward ——Florida

High Schoolers Who Are Obese



\*2020 Broward Data Unavailable

—Broward —Florida

Broward's 2022 obesity rate exceeds Florida's rate during the same year. 2022 also marks the highest obesity percentage in the data set, increasing 5.3% from 2018.

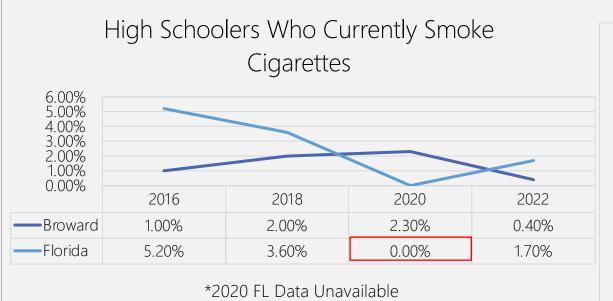
High Schoolers Who DID NOT Participate in 60 Minutes of Activity Everyday (Over Past 7 Days)



\*2020 Broward Data Unavailable

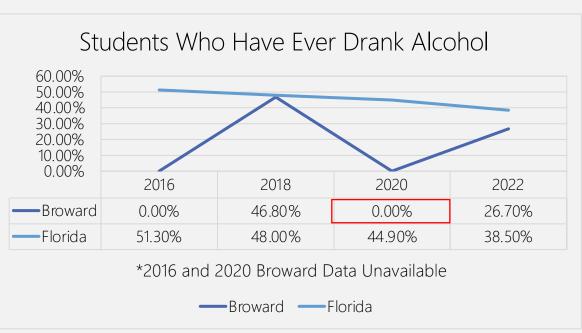
---Broward ---\*Florida

In 2022 the rate of Broward high school students who did not participate in 60 minutes of activity sat at 15.90%, lower than the last recorded percentage in 2018, and 3.1% lower than Florida's rate recorded that same year.



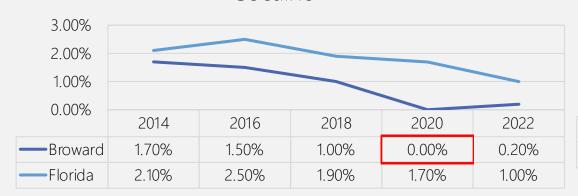


—Broward —Florida



The percentage of Broward County students who have ever drank alcohol declined 20.1% from 2018 to 2022.

High Schoolers Who Have Ever Used Cocaine

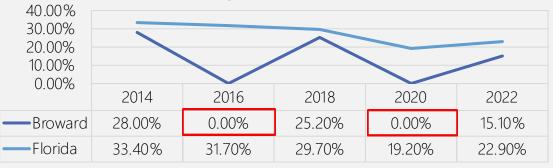


2020 Broward Data Unavailable

---Broward ----Florida

The percentage of youth who have ever used cocaine has decreased every year since 2014 in both Broward and Florida.

High School Students Who Have Ever Used Marijuana or Hashish



\*2016 and 2020 Broward Data Unavailable

---Broward ----Florida

From 2018 to 2022, Broward County saw a 10.1% decrease in the percentage of high school students who have ever used marijuana.

### References

- 1. Florida Charts- www.floridacharts.com
- 2. Healthy Start Reports- www.floridacharts.com/HS/login
- 3. Behavior Risk Factor Surveillance System- <a href="http://www.cdc.gov/brfss/">http://www.cdc.gov/brfss/</a>
- 4. Youth Risk Behavior Surveillance System- http://www.cdc.gov/HealthyYouth/yrbs/index.htm
- 5. Center For Disease Control and Prevention- Centers for Disease Control and Prevention (cdc.gov)
- 6. HRSA Maternal & Child Health- <a href="https://mchb.hrsa.gov/programs-impact/programs">https://mchb.hrsa.gov/programs-impact/programs</a>

#### For more information, contact:

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## THANK YOU