

# Broward Regional Health Planning Council Fact Sheet

## 2019 Broward County Community Health Needs Assessment

For over 20 years, Broward County has been assessing the quality of life and well-being of its citizens through a Community Health Needs Assessment. Broward Regional Health Planning Council currently leads the effort with technical support from Professional Research Consultants. In 2019, BRHPC reorganized the structure of the assessment survey to reflect the impact of Social Determinants of Health. The following serves as a snapshot of the methodology and key findings within the report.

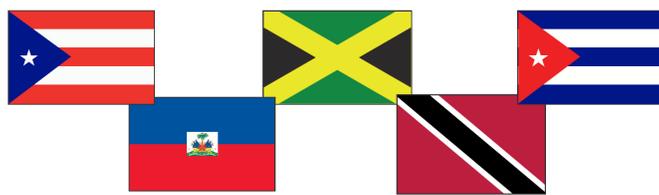
### Methodology



- ◆ 400 participants 18 and over (200 from each North and South Broward County)
- ◆ Random sampling adjusted to match geographic and demographic characteristics of Broward County
- ◆ Surveys conducted via telephone (landline and cell phone) and online questionnaires

### Updates & Changes

- ◆ Survey categories focused on Social Determinants of Health and were grouped into the following categories: Economic Stability, Health and Healthcare, Neighborhood and Built Environment and Social and Community Context
- ◆ Survey included a question to capture residents of Caribbean descent for the first time



### Key Findings

#### \$ | Economic Stability

- ◆ Black (49.8%) and low income (47.8%) residents are less likely than their high income (83.7%) and White (87.3%) counterparts to be able to cover a \$400 emergency expense.
- ◆ Poor housing quality was reported more among renters (24%) vs owners (10.3%). Furthermore, young adults under 40 (27.9%), people of Caribbean descent (27.1%) and low income individuals (26.9%) reported ongoing problems with water leaks, rodents, etc. in the past year.
- ◆ One-third of residents worry to some extent about paying rent or mortgage. The highest rates are among low income individuals (65.6%) and young adults under 40 (52.8%).
- ◆ Forty-four percent of residents pay at least 30% of their income towards housing. Renters (65.3%) vs owners (38%). Furthermore, people of Caribbean descent (60.4%), low income individuals (55%) and women (52.1%).
- ◆ More than a quarter (27.1%) of residents worried about running out of food in the past year. Food insecurity was highest among low income (56.6%), Hispanic (47.6%) and Caribbean and those under 40 (46.2%).

## Health & Healthcare

- Overall Broward residents reported being in excellent, very good or good health. Of those that reported fair/poor health the majority were **low income (19.3%)**, **Black (17.3%)**, or of **Caribbean descent (16.7%)**
- Respondents diagnosed with depression increased to the highest it's been since the inception of the question **7.9%** in 2017 to **16.2%** in 2019. Diagnoses are highest among **young adults under 40 (25.6%)**, **Whites (19.4%)** and **low income (19.2%)**.
- 15.7%** of respondents feel that they are very or extremely stressed on a typical day. It was highest among **young adults under 40 (23%)** and **Blacks (21.9%)**.
- Diabetes has increased among respondents since 1994 (**6%**) to **14.7%** in 2019. It is highest among **people 65 and over (21.5%)**, **low income individuals (18.6%)** and **Whites (16.6%)**.
- Family member diagnosed with Alzheimer's had an overall increase from 2015 (**24%**) to 2019 (**26.6%**). It is highest among **women (30.7%)** and **Whites (31.1%)**.
- Broward residents consuming 3 or more vegetables everyday is highest among **Whites (32.3%)** and lowest among **Blacks (10.6%)**.
- 38.2%** of parents to school-aged children (5-17) reported their children watched more than 2 hours of screentime everyday.
- Parents of overweight school-aged children (5-17) as increased since 2015 (**16.8%**) to 2019 (**36.8%**) while obesity has increased from **10.7%** to **20%** in the same time frame.
- Vaping product use is **7.1%** with use highest among **young adults under 40 (16.1%)** and **Blacks (12.9%)**.
- Physician visits in past year was lowest among **Hispanics (57.7%)**, **low income individuals (56.7%)** and **young adults under 40 (50.8%)**.

## Neighborhood & Built Environment

- Fresh produce is very or somewhat difficult to afford for **22.1% of residents** and is the worst for **low income individuals (38.9%)** and **Hispanics (32.2%)**.
- Residents reporting being victims of violent crimes in the past 5 years was highest among **Hispanics (13%)**.
- Those who have ever been hit, slapped, pushed, kicked or hurt in any way by an intimate partner was highest among **low income individuals (30.8%)** and **Caribbeans (27.1%)**.

## Social & Community Context

- Residents who seldom or never get social and emotional support was highest among **low income (34%)** and **Hispanics (27%)**.
- Loneliness was highest among **low income individuals (29.2%)** and **Blacks (27.1%)**.
- Respondents that believe their health care is worse than other races was highest among **Blacks (11.4%)** and **Hispanics (8.9%)**.

NOTES: **Caribbean** can be a part of any race or ethnicity; **Hispanics** can be of any race; **low-income** includes households with up to 200% FPL



For more information contact Shira at [sfowlkes@brhpc.org](mailto:sfowlkes@brhpc.org)

**Broward Regional Health Planning Council, Inc.** is a non-profit organization committed to delivering health and human service innovations at a national, state and local level through planning, direct services, evaluation and organizational capacity building. For additional information, please visit [www.BRHPC.org](http://www.BRHPC.org). The entire Broward County Health Plan is available online ([www.BRHPC.org](http://www.BRHPC.org)).

Source: Professional Research Consultants and Broward Regional Health Planning Council's Broward County Community Health Needs Assessment Report, 2019